

# CHISAGO COUNTY AND COMMUNITY

## RESOURCE DIRECTORY



### CHISAGO COUNTY HEALTH AND HUMAN SERVICES

10-07-2019

#### Departments:

Adult Protection (MAARC Minnesota Adult Abuse Reporting Center) .....	844-880-1574
Aging & Disabilities .....	651-213-5200 Fax: 651-213-5401
Behavioral Health .....	651-213-5600 Fax: 651-213-5686
Chemical Health .....	651-213-5600 Fax: 651-213-5401
Child Care .....	651-213-5200 Fax: 651-213-5401
Child Protection .....	651-213-5600 Fax: 651-213-5686
Community Health .....	651-213-5231 Fax: 651-213-5401
Economic Support/Financial Services .....	651-213-5200/5600
Foster Care / Adoption / Guardianship.....	651-213-5239 Fax: 651-213-5401
Public Health .....	651-213-5231 Fax: 651-213-5401
Veterans .....	651-213-5680 Fax: 651-213-5701
WIC .....	651-213-5206 Fax: 651-213-5401

# Emergency Contacts

**POLICE/FIRE/AMBULANCE .....Dial 911**

**STATE PATROL .....Dial 911**

## Local Non-Emergency Police Numbers

Center City - Chisago Co. Sheriff's Department .....	651-257-4100
Chisago County Sheriff's Department .....	651-257-4100
Lakes Area Police Department .....	651-257-0622
North Branch Police Department .....	651-674-8848
Rush City Police Department .....	320-358-4741
Shafer - Chisago County Sheriff's Dept. ....	651-257-4100
Wyoming Police Department .....	651-257-4100

## Hotline Numbers/Information & Referral

### Abuse & Neglect

National Child Abuse Hotline .....	800-4-Achild.....	800-422-4453
Youth Crisis Hotline .....		800-448-4663
Prevent Child Abuse Minnesota .....	651-253-0099.....800-244-5373....	800-621-6322

### Alcohol & Drug Abuse

Alcohol & Drug Abuse Hotline .....		800-252-6465
Alcoholics Anonymous Call First Call For Help for Referrals .....		800-543-7709
Drug Abuse Info & Hotline.....		800-662-4357
Drug Talk, Drug Info.....		800-642-6408
Chisago County Health And Human Services .....		651-213-5600/5200
Family Planning (Birth Control), Pregnancy & Stds (Also See Health Care Section)		
Minnesota Aids Line.....		800-248-2437
Minnesota Family Planning Hotline .....		800-783-2287
National Std Hotline .....		800-227-8922
First Call for Help /United Way.....		211 Or 800-543-7709
Information and referral for over 5,000 state and local resources serving individual and family needs.		
Gambling Hotline Minnesota Compulsive Gambling Hotline .....		800-437-3641
National Suicide Prevention Lifeline.....		800-273-TALK (8255)
Poison Control Center .....		800-222-1222

## Runaway/Missing Children Services

Chisago County Sheriff Department .....	<b>911</b>
Child Find .....	800-426-5678
Covenant House .....	800-999-9999
Missing Children Help Center.....	800-872-5437
National Boys Town Hotline .....	800-448-3000
National Center for Missing & Exploited Kids .....	800-843-5678
Runaway Hotline .....	800-621-4000
Sexual Assault Services .....	651-777-1117
Suicide Prevention Listening Ear .....	989-772-2918

## Adult Protection

Chisago County Adult Protection (MAARC MN Adult Abuse Reporting Center) .....	844-880-1574
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## Aging and Disabilities

### Chisago County Aging and Disability Services

Provides services to individuals with developmental disabilities along with services to our aging population who find that they need long term care in order to remain in the community .....

651-213-5200
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### Disability Specialist, Inc.

Assistance with applying for Social Security and appeals for those who are disabled .....

800-642-6393
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Family Pathways Senior Services .....

651-257-7905
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### Senior Linkage Line

Includes information on senior dining sites and home delivered meal and other resources.....

800-333-2433
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Arc Central Minnesota .....

800-775-3196 or 320-240-9550
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Advocacy, resources and connection to community for children and adults with developmental disabilities and their families.

Autism Society of Minnesota.....

651-647-1083
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Minnesota Autism Center .....

952-767-4200
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## Behavior / Mental Health

Chisago County Adult Mental Health..... 651-213-5600 or 1-888-234-1246  
This is a voluntary service provided by Chisago County to adults who have a serious, persistent mental illness and who meet certain qualifications for services.

Chisago County Children’s Mental Health.....651-213-5600 or 1-888-234-1246  
This is a voluntary service provided by Chisago County to children 0 to 18 years of age who have an emotional disturbance and who meet certain qualifications for services

Bridges and Pathways Counseling Services..... 651-982-4792  
Psychological services, assessments, therapy for adults and children

## Chemical Health

Chemical Health Unit of Chisago County Human Service ..... 651-213-5600  
Assists Chisago County residents to access information regarding issues of chemical dependency or substance abuse. Services are available on the basis of need and eligibility guidelines for public funding.  
Prospective clients with pre-paid health coverage should consult their health plan about chemical health services and coverage.

AA Hotline ..... 651-227-5502

Al-Anon and Ala-Teen ..... 888-4AL-ANON or 888-425-2666

St. Cloud Intervention Project (SCIP) ..... 320-251-7203  
Advocacy

Anthony Louis Center / On-Belay House [www.anthonylouiscenter.com](http://www.anthonylouiscenter.com) ..... 763-757-2906  
Our programs are located throughout the metro, providing drug testing, drug use assessments, outpatient and residential treatment. Our programs treat adolescents ages 13-18 and provide a full continuum of care - offering short term residential to longer term gender specific treatment.

## Child Care & Licensing

Chisago County Licensing ..... 651-213-5200  
Family child care licensing staff assist individual for licensing them to provide licensed child care and monitoring providers to ensure that children receive safe and adequate care. Parents can receive information regarding licensed family child care providers.

Child Care Aware .....	800-890-5399
Childcare resource and referral for Region 7E. Information on child care options and referral to licensed providers in the county. Sliding fee.	
School Age Care, Care for school-age children before and after school hours.	
Chisago Lakes Schools.....	651-213-2276 or 612-964-8063
North Branch Schools.....	651-674-1029
Rush City School .....	320-358-1348
Wyoming Elementary/Forest Lake .....	651-982-8365
Youth First Club .....	651-674-4085
Provides 4th to 7th graders a safe, structured place to hang out after school until mom/dad return home from work. The program is offered at no cost to youth in Chisago County.	

## Child Protection

Child Protection .....	651-213-5600 Fax: 651-213-5686
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## Clothing, Thrift and Consignment Stores

### Braham

Tusen Tack, 208 West Central Drive .....	320-396-2633
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### Cambridge

Family Pathways Cambridge, 130 Buchanan Street North.....	763-552-3003
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Shalom Shop, 1515 first Avenue East .....	763-689-0348
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### Chisago City

The Attic Thrift Store, 10510 South Avenue West.....	651-257-9999
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Rachel's Save & Rave Thrift Shop, 29320 Old Towne Road.....	651-226-6523
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### Forest Lake

Family Pathways Thrift Stores, 935 South Lake Street .....	651-464-4713
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Goodwill, 197 19th Street SW .....	651-464-4003
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## Harris

Country Charm Mercantile, 43873 Forest blvd.....651-674-0272

## Isanti

Family Pathways Thrift Stores, 16 West Main Street .....763-444-9551

## Lindstrom

Sharing Shop (Chisago Lakes Evangelical Free Church) 29620 Olinda Trail .....651-257-2677

Mother Goose, 12765 Lake Blvd.....651-257-6991

The Baby Blanket (St. Bridget's of Sweden Catholic Church) 13060 Lake Blvd .....651-257-2474

## North Branch

Handy Angels Thrift Shop, 38891 7th Avenue .....612-718-4235

## Mora

One More Time Store, 206 Forest Avenue West ..... 320-679-0538

Queen's Closet, 138 Park Street South ..... 320-225-4653

## Pine City

Family Pathways Thrift Stores, 800 Main Street ..... 320-629-3878

## Rush City

Aunt Bee's (Family Pathways Operated Rush City) 1225 West 4th Street ..... 320-358-4415

## Wyoming

Family Pathways Thrift Stores, 26816 Kettle River Blvd.....651-462-6632

Just between Friends                      [www.jbfsale.com](http://www.jbfsale.com)

This organization hosts events to sell used clothing, toys and baby equipment. \*Reminder that at the end of the event they have ½ price sales. \*First timers get to preview an event before the doors open to the public.

# Community Health

Chisago County Parks Department..... 651-674-2345

Information on county parks and trails; Picnic shelter reservations.

City Playgrounds

Call your local community's city office for a list of playgrounds in your area.

# Counseling and Support Services

## Family

Cambridge Christian Counseling Center ..... 763-689-3723  
Biblically based counseling for individuals, families, marriage issues including depression, anxiety, relationship issues, eating disorders, sexual abuse, etc. Sliding fee scale options available.

Child Safety/Visitation Exchange/Supervision Center ..... 651-774-4990  
Supervised visitation, visitation pick-up and drop-off, parenting classes, support sessions, intermediary services, visitation expediting.

Circle of Parents /St Paul, MN ..... 1-800-CHILDREN  
A self-help parent group aided by a trained professional.

Family Innovations..... 612-746-7329  
Provides home based mental health services through Medical Assistance for children and adolescents. Provides outpatient therapy for children age's birth through 18, families, couples and adults.

Hannah's Arm- St Bridget of Sweden Catholic Church, Lindstrom ..... 651-257-2474 Ext 34  
A monthly parent's support group 3rd Saturday from 11 a.m. to 1:30 p.m.

Haven Center ..... 651-277-4283  
Provides individual, couple, family and group counseling services to East Central Minnesota and the surrounding community

People Incorporated.....651-674-8569  
Parent Support Services is a voluntary early intervention program that provides short term help to families with children under the age of 10. Services to families are designed to reduce or remove barriers to child safety, family and child well-being. Service options include case management, support, education and activities that enhance parent/child interaction. Services are confidential and free

Rural Mediation Services (RMS) ..... 877-289-2960  
Non-profit organization dedicated to offering resolution to disputes. They provide mediation services for family, workplace and community issues. [www.mediationservice.org](http://www.mediationservice.org)

Youth Service Bureau ..... 651-464-3685  
Individual, family, and group counseling for youth up to age 18 and their families. Offices in Forest Lake and North Branch

## Medical

- Cambridge Medical Center..... 763-689-8700  
Offers therapy and psychiatry.
- Canvas Health (North Branch)..... 651-777-5222
- Canvas Health Crisis Line ..... 800-523-3333  
Counseling, chemical dependency treatment, and assisted living for families, children, and adults
- Chisago County Life Care Center ..... 651- 257-2550  
Pregnancy testing, counseling, assistance in finding financial aid, housing, and medical care education for prenatal and infant care
- Complimentary Support Services ..... 612-710-2797  
In-home therapeutic services for Adults and Children, ARMHS, CTSS.
- Dellwood Recovery Center ..... 763-689-7723  
Adult inpatient and outpatient treatment program, Family-education program, aftercare, individual mental health counseling, consulting Ph.D. and psychologists, insight program, Kids are People program, evening outpatient -adult.
- East Central Counseling Center ..... 651-674-8822  
Individual, family, marriage counseling treatment of anxiety and depression; adult development; crisis intervention; divorce mediation; career assessments; psychological testing; MMPI, and psychotherapy
- Fairview Behavioral Services..... 651-982-2066  
Psychological services counseling and assessments for adults and children.
- Fairview Counseling Services ..... 612-672-6999  
Outpatient chemical dependency treatment for adults and adolescents, aftercare, intervention referrals, assessments, family program, relapse program, anger awareness program and smoking cessation.
- Family Based Therapy Associates ..... 651-257-2733 or 1-800-822-2786  
Individual and group psychotherapy, marriage and family counseling, psychological assessments, community consultation, mental retardation services and employee assistance program.
- Family Pathways Children & Family Services..... 763-552-7284 or 1-877-321-7100
- Grief Support Group/Hospice and Home Care..... 651-257-8850  
A self-help support group for people that have experienced the death of a loved one. Provides participants with opportunities to share frustrations and challenges, and learn helpful methods to deal with grief.



Hazelden Center for Youth & Families..... 800-833-4497  
Adolescents & young adult rehab program for chemical dependency; educational materials; parent support program.

Lakes Area Human Services ..... 651-464-2194  
Assessment; training; consultation; custody/mediation services; employee assistance program; Chemical Dependency assessment; M.R. evaluation and counseling; individual, family, couple, and group counseling; child therapists; psychiatrists on staff.

Lutheran Social Services [www.conquyourdebt.org](http://www.conquyourdebt.org)..... 1-888-577-2227

Minnesota Brain Injury Association..... 612-378-2742

Nami (National Alliance on Mental Illness) ..... 651-645-2948  
Offers adults and children education, support and advocacy regarding mental illness.

Naomi Center (National Alliance on Mental Illness) ..... 651-228-1800  
Transitional housing for women, mothers and their children Provides housing, counseling for pregnant women over 14; helps connect client with agencies to teach job skills, health-related education

Nystroms and Associates ..... 651-628-9566  
Children and Adult counseling, medicine management, testing, assessments and referral, ARMHS (Adult Rehabilitative Mental Health Services), CTSS services (Children’s Therapeutic Services and Support), DBT (Dialectical Behavior Therapy) and counseling.

Women’s Advocates.....Crisis Line 651-227-8284.....Business 651-227-9966  
24-hour crisis line. Safe home for women and children. Support groups provided for residents of safe home and women in the community. Support groups for children. Weekly health clinics and weekly chemical health education.

Rush City Teen Focus Recovery Center.....1-320-358-4065  
Outpatient Adolescent and young adult chemical dependency treatment.

Sidelines .....1-888-447-4754  
Education, information and support for women with complicated pregnancies that require bed rest.

St. Croix Regional Medical Center ..... 1-715-483-3221 or 1-800-828-3627  
Counseling & Psychological Services offer a wide range of clinical assessment, treatment planning, and referral services for children, adolescents, and adults.

The Pregnancy Resource Center ..... 763-689-4319  
Free confidential counseling regarding available options, personal problems, and planning for parenting; support groups; decision- making for pregnant women; sexual abuse; and post-abortion. FREE maternity clothing, baby clothing, and equipment. Adoption services, housing arrangements, assistance in arranging educational and vocational needs; free pregnancy tests.

Therapeutic Services Agency .....1-320-629-7600  
Outpatient and in home family services and assessment, respite care, shelter care, therapeutic foster care, CTSS (Children’s Therapeutic Services and Support), supervised visitations, school based services and school consultation for children and their families.

Total Life Care Center.....1-715-755-2229  
Free pregnancy testing, support, and counseling on pregnancy alternatives; maternity clothing; transportation if needed; referrals to lawyers and adoption agencies; shelter for girls over 18, if needed; refers minors to social service if housing if needed. Ba by furniture & equipment is available.

Region 7e Crisis Services- 24 Hour Hot line mental health ..... 800-523-3333  
(Provides services to Chisago, Isanti, Kanabec, Mille Lacs & Pine County)

## Employment

Central MN Jobs and Training..... 1-320-679-6484 or 800-284-7425

Employment Services Pine Tech/Chisago County ..... 651-328-6243

Hhh Job Corp Center..... 651-642-1133

Minnesota Workforce Center/Vocational Rehab..... 800-284-7425

Mora Workforce Center ..... 320-679-6484

Rise Employment Services ..... 651-257-2281

Work Force Center/Job Service East Central (Cambridge) ..... 763-279-4492

Statewide MN Invest In Family Program (MFIP) ..... 651-213-5600  
Help with job seeking, job placement, education, transportation, and daycare. Must be MFIP eligible.

# Financial Assistance & Financial Counseling

## Child Support:

Child Support Collection Information and Assistance.....651-213-5647  
Contact Chisago County Human Services Child Support Unit.

## Income Maintenance:

Chisago County Human Services/ Income Maintenance ..... 651-213-5600  
SNAP (called Food stamps formally) program for income-eligible families. Financial assistance, MFIP, medical assistance, transportation, work readiness, and Minnesota Supplemental Aid.

## Medical Assistance:

Contact Chisago County Health and Human Services for application, or call ..... 800-657-3672

Chisago County Human Services/Mnsure..... 651-213-5705

Minnesota Care and Medical Assistance..... 651-213-5600

State subsidized insurance coverage for income-eligible families with children who are not currently covered by insurance.

Project Care..... 320-253-0121

Provides information about Health Reform, the Affordable Care Act and MNSure (Minnesota's new healthcare Exchange). Helps people who are uninsured or underinsured to enroll in a public healthcare program.

Portico Health Net..... 651-603-5100

Helps you get affordable health coverage through public health programs and help you complete the application.

First Call for Help United Way ..... 211 or 1-800-543-7709

For referrals to any type of financial assistance in need.

Lakes & Pines Community Action.....320-679-1800 or 1-800-832-6082

Weatherization, energy assistance, energy-related repairs, crisis fuel assistance, MHGA loan programs, clothing center, homeless project, emergency food and shelter projects, youth employment, Family Loan, and Head Start

Lutheran Social Services [www.conquyourdebt.org](http://www.conquyourdebt.org) ..... 888-577-2227

Second Harvest Heartland ..... 651-387-1606

Assist with income screening and assistance with applying for state supplemental nutrition program (SNAP).

# Food Assistance/Food Shelves and Nutrition Programs

Child Care Food Program..... 1-800-366-8922 or 651-582-8526

Benefits for licensed child care providers. Food purchase information and cash reimbursements for providing nutritious meals to daycare children.

Fare For All Express [WWW.FAREFORALL.ORG](http://WWW.FAREFORALL.ORG)..... 800-582-4291

Fare for All Express, a program of the Emergency Food shelf Network, works with community partners to offer quality affordable grocery packages each month. It is open to everyone! Trinity Lutheran Church in North Branch and VFW in Forest Lake.

Fare For All Tradition..... 763-450-3880 or 1-800-582-4291

Held at St. Bridget's Church in Lindstrom

A program of the Emergency Food Network, works with community partners to offer quality affordable grocery packages each month. Need to Pre-Order. Supported by donations. EBT cards are welcome. No income requirements. Donors are available to those who cannot afford food.

Feed the Need

Held at the Old Fire Station in Almelund

Bread Distribution- Second Friday of the month from 3:30 to 5:00 p.m.

\$3 for about 5 loaves of bread plus selections such as English, muffins, bagels, etc. Produce & Food

Distribution- Second Saturday of the month from 11 a.m. to 1 p.m.

Cambridge Surplus Food Distribution .....612-402-6100

3101 Hwy 95 NE, Cambridge, MN 55008

Held at the Isanti County Fairgrounds in Cambridge on the 3rd Tuesday from 2:00 p.m. to 4:30 p.m. or until food is gone. Bring your own boxes. Drive thru line to pick up food. Only available to 1 person per residence or current address.

Chisago Lakes Area Family Shelf (Family Pathways) .....651-257-1308

10586 Liberty Lane, Chisago City

Monday, Tuesday and Thursday 9 a.m. – 6 p.m. Call for Appointment. Serving Taylors Falls, Shafer, Center City, Lindstrom and Chisago City.

Matthew 25 Food Distribution Ministry (Isanti).....763-219-0008

1321 Heritage Blvd., Isanti, MN 55040

Once a month, on the 4th Saturday, Spirit River Community distributes food to any and all who show up. Every person, no matter the age, receives two grocery bags of food. We serve from the Isanti Middle School. Starting at 9:30 a.m.

People Loving People Food Ministry.....715-755-2300

103 East Main Street, Dresser, WI. 54009

Saturday 11 a.m. – 1 p.m., Wed. 2 p.m. – 5 p.m.

Can be used twice a month. (Free)

Rush City Food Shelf.....320-358-4428  
720 W. 14<sup>th</sup> St., Rush City, MN 55069  
Proof of address is required. Once a month and opens every Tuesday 2 p.m. to 4:45 p.m.

### Ruby's Panty

**\*\* Everyone who gets hungry qualifies. Can attend more than one site \*\***

**24 hours before distribution on the internet site [www.rubyspantry.org](http://www.rubyspantry.org) under News & Announcement's  
find the site you want to attend. They will post what foods are being offered on the pickup day.**

Ruby's Pantry (Isanti).....651-674-2537  
Hosted by New Hope Community Church (Elim Baptist Church), 114 Dahlin Ave  
3rd Saturday of the Month Doors open at 8:30 AM and distribution starts at 9:00 a.m. and ends approximately  
at 10:30 a.m.  
\$20 Cash donation required.

Ruby's Pantry (Forest Lake).....651-464-5249  
Hosted by Forest Hills United Methodist Church 1790 11th St SE  
3rd Saturday of the Month  
Distribution starts at 8:00 a.m. and ends approximately at 11:00 a.m.  
\$20 Cash donation required.

Ruby's Pantry (North Branch).....651-674-0009  
Hosted by Access Church 4359 392nd St  
2nd Saturday of the Month Doors open at 9:30 a.m. and distribution starts at 10:00 a.m. and ends  
approximately at 11:30 a.m.  
\$20 Cash donation required.

Ruby's Pantry (Pine City) .....651-674-2537  
National Guard Armory, 1305 Main Street S  
4th Thursday of the Month Doors open at 4:30 PM and distribution starts at 5:00 p.m. and ends approximately  
at 6:30 p.m.  
\$20 Cash donation required.

Community Helping Hand (Forest Lake) .....651-464-6831

Family Pathways (Lindstrom) .....651-257-1308

Ruby's Pantry (North Branch) .....651-674-0009

Rush City Cares (Rush City)..... 320-358-3179 Or 320-358-4575

Family Pathways (North Branch) .....651-674-8313

Forest Lake Food Pantry .....651-464-2098  
Lakes & Pines .....320-679-1800 or 1-800-832-6082  
Emergency food and food shelf referral case management.

NAPS ..... 1-800-365-0270  
Food program for men and women over the age of 60 who are from income-eligible. Distribution at Trinity  
Lutheran Church in North Branch. Distribution is the first Tuesday of each month from 10 a.m. to 1 p.m.

WIC (Chisago County Public Health)..... 651-213-5206  
A supplemental food program for women, infants, and children (up to age 5). You must live in Chisago County and be certified as eligible by a WIC staff member.

## Foster Care / Adoption / Guardianship

Adoption Services ..... 651-213-5600 or 888-234-1246  
For information about adoption and placement agencies, contact Chisago County Social Services.

## Health Care / Medical Clinics / Immunizations

### MEDICAL CLINICS

Allina-Cambridge Medical Center .....	763-689-7700
Allina-Forest Lake Clinic .....	651-464-7100
Allina-North Branch Medical Center .....	651-674-0055
Allina-Pine City Area Clinic .....	320-629-6721
Osceola Medical Center Scandia.....	651-433-8080
St. Croix Regional Medical Center.....	800-828-3627
SCRMC- Lindstrom, MN .....	763-689-7700
Chisago Lakes Clinic .....	651-257-8499
Lino Lakes Clinic.....	651-717-3400
North Branch Clinic .....	651-674-8351
Rush City Area Clinic .....	320-358-4784
Reg. Med. Ctr.-Wyoming .....	651-982-7200
Hugo Clinic .....	651-466-1900
Chisago County Drug Takeback Program.....	651-213-8920

There are three repository locations:

1. Outside of the Sheriff's Office door in the lower level of the Chisago County Government Center 313 North

Main Street, Center City.

2. Outside of the North Branch Police Department's Office in the lower level of the North Branch City Hall building on 6408 Elm Street, North Branch.

3. Outside of the Sheriff's Rush City District Office in the Rush City Hall building on 325 South Eliot. 8 a.m. to 4:30 p.m., Monday through Friday.

**Anonymous and confidential. Remove personal information but leave drug name of the bottle.**

Sharps Disposal Program .....651-213-8920

Chisago County residents may drop off contained SHARPS at the Household Hazardous Waste Facility, 39649 Grand Ave. North Branch, MN 55056. Mondays 12:00 to 7:00 p.m.

Dental Clinics/Eye Clinics: Check with local physician, Yellow Pages or Insurance Provider.

Fairview Lakes Home Caring & Hospice.....651-257-8850 or 1-800-314-3328

Home health care; hospice; maternal child health; IV therapy; 24 hour on-call nursing; physical therapy, occupational therapy, and speech therapy in home.

Minnesota Dental Association Website [www.mndental.org](http://www.mndental.org) ..... 612-767-8400

Give Kids a Smile Program where local dentist offer free service to children certain times of the year.

Minnesota Care and Medical Assistance (refer to financial assistance)

Helps you pay for the medical, dental, and preventive care that will help keep you and your family healthy.

Minnesota Children with Special Health Needs.....800-728-5420 or 651-215-8956

Special diagnostic clinics, equipment help, financial benefits and referrals

## Pregnancy Services/Birth Control:

Chisago County Life Care Center-North Branch ..... 651-674-2121

Services to determine if you are pregnant and to provide for your pregnancy needs.

Outlook Clinic ..... 320-679-6331 or 763-689-8277 or 651-257-5377 or 651-674-4570

Pregnancy testing, well woman care (breast and pelvic exam, pap smear routine lab tests, treatment of vaginal infections and other gynecological concerns) sexually transmitted diseases (diagnosis and treatment, referral when necessary) birth control (supplies and education) Community Health Education and Outreach Walk ins accepted.

Chisago County Lifecare Center-

6448 Main Street, Suite 13

North Branch, MN ..... 651-674-2121

Lakes Life Care Center

840 W. Broadway Ave. Suite 100

Forest Lake, MN ..... 651-464-4340

East Central Breastfeeding Coalition

[www.eastcentralbreastfeeding.org](http://www.eastcentralbreastfeeding.org)

Prescription Discount Card ([WWW.MYTWXRXCARE.COM](http://WWW.MYTWXRXCARE.COM)) ..... 1-888-884-7713  
[WWW.NEEDYMEDS.ORG](http://WWW.NEEDYMEDS.ORG)

## Health Plan Information:

Blue Cross Blue Shield Blue Plus [www.bcbs.com](http://www.bcbs.com) .....

Customer Service.....	651-662-5545 or 1-800-711-9862
Dental Services .....	651-406-5907 or 1-800-774-9049
Blue Ride Transportation Services .....	651-662-8648 or 1-866-340-8648
Interpreter .....	651-662-5545 or 1-800-711-9862
Healthy Start Prenatal Support.....	651-662-1818 or 1-866-489-6948
24 Hour Nurse Line .....	1-800-622-9524

Health Partners [www.healthpartners.com](http://www.healthpartners.com)

Customer Service .....	952-967-7998 or 1-866-885-8880
Dental Services .....	952-967-7998 or 1-866-885-8880
Ride Care Transportation Services for MA only .....	952-883-7400 or 1-888-288-1439

Medica [www.medica.com](http://www.medica.com)

Customer Service .....	952-992-2322 or 1-800-373-8335
Interpreter .....	952-967-7998 or 1-866-885-8880
24 Hour Nurse Line – Care Line.....	612-339-3663 or 1-800-551-0859
Baby Line.....	612-333-BABY (2229) or 1-800-845-9297

Dental Services – Delta Dental..... 651-406-5919 or 1-800-459-8574 |

Provide a ride Transportation Services .....	952-992-2292 or 1-800-601-1805
Interpreter .....	952-992-2292 or 1-800-601-1805

Healthy Pregnancy Program ..... 952-992-3380 or 1-888-992-3875 |

24 Hour Nurse Line.....	1-866-715-0915
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UCARE [www.ucare.org](http://www.ucare.org)

Customer Service .....	612-676-3200 or 1-800-203-7225
Dental Services .....	1-800-2350564
Health Ride Transportation Services .....	612-676-6830 or 1-800-864-2157
Interpreter .....	612-676-3200 or 1-800-203-7225
24 Hour Nurse Line .....	1-800-942-7858

Fee For Service - Department Of Human Services

Customer Service .....	651-431-2670 or 1-800-657-3739
MNET Transportation Service .....	1-866-467-1724

## Housing/Energy

Family Loan Program (Lakes & Pines)..... 320-679-1800 or 1-800-832-6082



Loans available to families needing a vehicle or vehicle repair. Eligibility criteria exist.

Habitat for Humanity..... 763-689-0288  
Serving Chisago, Isanti, Kanabec, Mille Lacs, and Pine counties. Call for housing application or to be a volunteer.

Lakes & Pines Community Action..... 320-679-1800 or 1-800-832-6082

Weatherization, energy assistance, Minnesota Housing Finance Agency and programs, energy-related repairs, crisis fuel assistance, clothing center, homeless project, emergency food and shelter projects.

Minnesota Energy Resources..... 1-800-899-9508

Salvation Army-Heat Share Program..... 1-800-456-4483  
Energy and fuel assistance, electricity assistance considered on an individual basis only if a medical necessity (i.e., medical equipment that could be life-threatening without electricity), with verification.

Section 8-Cambridge Economic Development Association ..... 763-689-3883

Minnesota Telephone Assistance Program ..... 1-800-296-7124

Xcel Energy..... 1-800-895-4999  
Energy assistance for low-income customers for those using Excel Energy services.

## Legal Services

East Central Legal Services .....763-689-2849  
East Central Legal Services helps seniors and income eligible persons in many legal areas, including:  
Family Law, Government Benefits, Consumer Law, Income Maintenance, Housing Law

St. Cloud Legal Services .....1-888-360-2889 or 320-253-0121

East Central Legal Services..... 888-360-2899  
For non-criminal cases for income eligible families Family law housing law government benefits (medical assistance social security food stamps, and unemployment compensation), education law, and employment rights.

## Libraries

Cambridge.....763-689-7390

Lindstrom Public Library.....651-257-2817

Rush City Public Library ..... 320-358-3948

Chisago Lakes Public Library..... 651-257-2817

## Public Health Services

Chisago County Public Health Division..... 651-213-5231

### Child and Teen Checkups:

Child & Teen Checkups .....651-213-5231 Fax: 651-213-5401

Call your area clinic, public health office, or local family center for vision and hearing checks, lead and laboratory tests as needed, immunizations, complete physical exam, health education and counseling, nutrition check, dental check, and developmental check for ages 0-21. This program is for children on Medical Assistance and Minnesota Care. C&TC health checks/well child checks at 2, 4, 6, 9, 12, 15 and 18 months of age, age 2, 3, 4, 5, 6 years and then every two years after the age of 6.

Chisago County Public Health Child and Teen Checkups Outreach can help families find a medical home and dentists which accepts new medical assistance/Minnesota Care clients.

### Children's Dental Services

Provides dental care to pregnant women and children 0-18 years old whose families cannot pay for dental care or have no insurance. Care is on a sliding scale or free.

Website: [www.childrensdentalservices.org](http://www.childrensdentalservices.org) .....612-746-1530

### Maternal Child Health:

Car Seat Education and free child safety seat inspections, by appointment only. Dental Varnishing, fluoride treatment available to children from first tooth eruption to 18 years of age. Immunization clinics-by appointment only maternal child health, health education and counseling, breastfeeding support and resources

### WIC program

## Shelters / Emergency Housing

A Place for You (Pine City) Homeless shelter for adults only, no children .....320-438-7071

Anna Marie's (St. Cloud) Shelter for women and children, support groups .....800-950-2203

New Pathways (Cambridge) Shelter for women and children ..... 763-691-0121

Anna Marie's Central Minnesota Task Force on Battered Women..... 320-253-6900 or 800-950-2203  
Shelter for women and children, orders for protection, support groups. (St. Cloud, MN)

New Beginnings (St. Cloud) (Safe and secure housing)..... 877-974-7174

The Refuge East .....651-257-2890 or 1-800-338-7233  
 24-hour crisis telephone line; network of safe homes providing temporary emergency housing; advocacy services to help women identify their needs, feelings, and goals; support groups; children’s advocacy program; transportation services for women who have no means of getting to necessary appointments; community education for the public at-large; intervention, information, and referral for the abuser.

## School and Community Classes/Children Programs

Chisago Lakes Area Schools [www.chisagolakes.k12.mn.us](http://www.chisagolakes.k12.mn.us) ISD#2144

District Office..... 651-213-2600 or 213-2495  
 Middle School .....651-213-2400  
 Senior High School .....651-213-2500  
 Wolf Creek Distance Learning Center .....651-213-2095  
 Lakeside elementary.....651-213-2300  
 Primary School .....651-213-2200  
 Hunt’s transportation (BUS) .....651-213-2020  
 Taylor’s Falls Elementary .....651-213-2100

Forest Lake Schools [www.forestlake.k12.mn.us](http://www.forestlake.k12.mn.us) ISD#831

District Office .....651-982-8100  
 Linwood Elementary.....651-982-1900  
 Wyoming Elementary .....651-982-8000  
 Southwest Junior High School .....651-982-8701  
 Forest Lake High School .....651-982-8400

North Branch Area Schools [www.northbranch.k12.mn.us](http://www.northbranch.k12.mn.us) ISD#138

District Office .....651-674-1000  
 Sunrise River School (k-5th grade).....651-674-1100  
 Middle School (6th -8th grade) .....651-674-1300  
 High School (9th-12th grade) .....651-674-1500

ALC .....651-674-1050

Rush City Area Schools [www.rushcity.k12.mn.us](http://www.rushcity.k12.mn.us) ISD#139

District Office .....320-358-4855

C E Jacobson Elementary .....320-358-4724

Junior High/High School .....320-358-4795

Alternative Education Programs

GED, Adult Basic Education, alternative high school, adult literacy, family literacy, English as a second language, Lau Bach tutoring:

Chisago Lakes Area GED .....651-213-2061

North Branch .....651-674-1025

Teen Parent Program

North Branch.....651-674-1185

Rush City GED .....320-358-3635 or 320-358-3616

Forest Lake .....651-982-8302

Wolf Creek Learning Center .....651-213-2095

Community Education

Classes from birth to adult. Programs vary by districts but can range from trips, arts and crafts, and computers to driver's training. Call your local district office.

Chisago Lakes/Taylor Falls .....651-213-2600

Forest Lake .....651-982-8110

North Branch.....651-674-1025

Rush City .....320-358-4795

Community Preschools...Open To Any Preschooler—Tuition Charged.

All God's Children Preschool, Wyoming .....651-462-6832

MAG Preschool, Forest Lake.....651-797-7392

Children’s Connection, North Branch .....	651-674-0044
Room for Growing, Chisago City .....	651-257-2441
Community Preschool, North Branch ECFE .....	651-674-1220
Room for Growing, North Branch .....	651-277-2441
Forest Lake Schools Preschool, FL ECFE .....	651-982-8300
St. John’s Lutheran Church Preschool, Stacy .....	651-462-5115
Inspiring Minds Preschool, Wyoming.....	651-203-5140
Stepping Stones Christian Preschool, Lindstrom.....	651-257-3553
Kid’s World Preschool, Rush City ECFE .....	320-358-3635
Toddler Town Preschool, Wyoming .....	651-462-1407
Leap of Faith Preschool, North Branch.....	651-344-0600
Wonderland Child Care Learning Center, Wyoming.....	651-462-8772
Little Wildcats Preschool, Chisago Lakes ECFE.....	651-213-2600
Zion Kinder Village, Chisago City .....	651-257-2713

#### Early Childhood Family Education (Ecfe)

Classes for parents and their children age birth to kindergarten. Schedule of classes printed quarterly. Special family events, home visits, parent library, and toy lending library available through the school year; Family literacy & learning readiness; contact your local school district or family center.

Chisago Lakes .....	651-213-2600
Forest Lake .....	651-982-8300
North Branch.....	651-674-1220
Rush City .....	320-358-3635

#### Early Childhood Screening—Age 3 through 5 register at your local ECFE

Contact your local school district office. All children are required to have early childhood screening prior to kindergarten. Screening consists of a health check and a look at the child’s early learning skills.

Family Pathways Teen Centers- Activities for 9th to 12th grade, peer mentors available

Chisago Lakes and Forest Lake .....	651-464-4995
North Branch.....	651-277-0098

Head Start-Lakes & Pines..... 320-679-1800 or 1-800-832-6082

A comprehensive preschool program for children with disabilities or income-eligible families. Program includes classes, home visits, health and developmental screenings, medical/dental care and family social services. No charge.

School Readiness – Sliding fee scale – No one is turned away due to the inability to pay.

Kid & Company (North Branch Schools) .....651-674-1220

Kids World (Rush City Schools.....320-358-3635

Ready for Kindergarten (Chisago Lakes Schools) .....651-213-2600

St. Croix River Ed Dist/Early Childhood Special Education

320-358-3616 or 651-674-2436 or 1-800-452-6944

Coordination of all appropriate special education services and related services for children with special needs, ages birth through school entry. No charge. Contact us if you suspect your child may have a delay in one or more areas of development; the Interagency Review Team will screen your child free of charge.

Swim Lessons – Chisago Lakes Area..... 651-213-2585

Teen Improv Theater..... 651-674-4085 or 464-3685

High school students present a series of scenes depicting real-life situations each 30-90 second scene is followed by an audience discussion, led by the improv troupe’s advisor. An excellent tool for the classroom (all grade levels) in the workplace at staff meetings employee training and in-service, volunteer recognition, support group sessions and community events. Contact the Community Partnership or Youth Service Bureau to request a performance.

Youth Service Bureau (Serving Chisago County) ..... 651-464-3685

Self-esteem programs parenting programs, and support groups for ages 18 and under; truancy and curfew program; prevention programs.

## Transportation

Cars for Neighbors .....<http://carsforneighbors.org/>

Chisago/Isanti County Heartland Express..... 763-689-8131 or 1-888-234-7840

Chisago County Veteran Services ..... 651-213-5605

County Chauffeurs ..... 651-257-8294

North Branch Cab ..... 651-674-7979

# Veterans Services

Chisago County Veteran Services provides guidance and assistance to veterans, their spouse/survivors and dependents. We can help you apply for veterans benefits.

Appointment .....	651-213- 4605
County Veteran Service Officer .....	651-213-5680
Statewide Veterans and benefits information line .....	888-546-5838